

South Plains College

Student Success Exercises – Required for Academic Probation Students

Student Name _____ Student ID # _____

Last semester, I completed _____ hours with a _____ G.P.A., giving me an overall G.P.A. of _____. (This information can be found on CampusConnect)

Section I - These factors/behaviors contributed to my probationary status:

Evaluate what happened last semester that prevented you from performing to your full academic potential. For example, you may indicate that your work schedule prevented you from focusing completely on your academics.

I did not achieve a minimum 2.0 for the following reasons:

Section II - I will address the factors indicated in Section I by:

List specific behaviors or actions that will help resolve the above factors/behaviors. Using the example in Section I, you may indicate that you plan to decrease your work hours from 40 hours/week to 15 hours/week.

Section III - My goals for this semester are:

In this section, list at least 3 goals that will help you return to good academic standing. For example, you may indicate that you plan to study more this semester.

Section IV - To meet my goals in Section III, I plan to do the following:

In this section, review the goals outlined in Section III and address specific things you will do to achieve each goal. For example, if you indicated you plan to study more this semester, your action to meet that goal would be to study 30 hours per week and 4.5 hours/day. Note that these must be executable goals.

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Concerns on a scale of 1-10 Example: 1 Not at all 5 Moderate 10 Very Much

Time Management ____ Procrastination ____
Money Management ____ Concentration ____ Stress Management ____
Test Taking ____ Goal Setting ____ Motivation ____ Writing ____

1. Do you need financial assistance? _____
2. Personal issues? Please explain: _____

3. Difficulties with math? _____
4. Other subject difficulties? _____
What subject(s)? _____

Other Concerns _____

Are you interested in tutoring assistance? _____ What subject(s)?

What can we do to help you be successful?

