## Levelland Campus

Course Syllabus

COURSE: RNSG 2213 Mental Health Nursing (3:2:4)

SEMESTER: Fall 2023 CLASS TIMES: Tuesday 0900-1200 INSTRUCTOR: Sarah Gill, MSN, RN OFFICE: AH 112A

OFFICE HOURS: Monday 3 pm to 4 pm and Tuesday 3 to 4 pm and by appointment

OFFICE PHONE: 806-716-2195

E-MAIL: sgill@southplainscollege.edu

"South Plains College improves each student's life."

## **GENERAL COURSE INFORMATION**

\*It is the responsibility of each student to be familiar with the content and requirements listed in the course syllabus.\*

#### COVID-19

If you are experiencing any of the following symptoms, please do not attend class and either seek medical attention or get tested for COVID-19.

- Cough, shortness of breath, difficulty breathing
- Fever or chills
- Muscles or body aches
- Vomiting or diarrhea
- New loss of taste and smell

Please also notify DeEtte Edens, BSN, RN, Associate Director of Health & Wellness, at <a href="mailto:dedens@southplainscollege.edu">dedens@southplainscollege.edu</a> or 806-716-2376

- 1. SPC will follow the recommended 5-day isolation period for individuals that test positive.
  - a. Please note that day 0 is the date of positive test. Day 1 begins the first full day after the date of positive result.
- 2. COVID reporting
  - a. Please have students and employees notify DeEtte Edens if they have tested positive to verify dates before returning to class or work.
  - b. The home tests are sufficient, but students need to submit a photo of the positive result. The date of the test must be written on the test result and an ID included in the photo. If tested elsewhere (clinic, pharmacy, etc.), please submit a copy of the doctor's note or email notification. Results may be emailed to DeEtte Edens, BSN, RN at dedens@southplainscollege.edu.
  - c. A student is clear to return to class without further assessment if they have completed:

    The 5-day isolation period, symptoms have improved, and they are afebrile for 24 hours without the use of fever-reducing medication.
- 3. Please instruct students and employees to communicate with DeEtte Edens <u>prior to their return date</u> if still symptomatic at the end of the 5-day isolation.
- 4. Exposed individuals will not be required to quarantine. If exposed, SPC does request individuals closely monitor themselves. If an individual does become symptomatic, please do not attend class or work and be tested.

You must follow the above protocol and you must notify Mrs. Gill, Dr. Strawn and Mrs. Edens with the note and test results.

## COURSE DESCRIPTION AND END OF COURSE OUTCOMES

RNSG 2213 integrates the principles and concepts of mental health, psychopathology, and treatment modalities as they relate to providing nursing care to patients and their families suffering from mental illnesses. The course is designed to provide the learner with the basic knowledge and skills necessary to function within the four roles of nursing, in compliance with the *January 2021 Texas BON Differentiated Essential Competencies*,

(https://www.bon.texas.gov/pdfs/publication\_pdfs/Differentiated%20Essential%20Competencies%202021.pdf) which include: Member of the profession; Provider of patient-centered care; Patient safety advocate; and Member of the health care team. Refer to student handbook for a complete list for the DECS. The course is designed to provide the learner with the basic knowledge and skills necessary to function within the four roles of nursing which include: Member of the profession; Provider of patient-centered care; Patient safety advocate; and Member of the health care team. Some of the terms that you will see within the curriculum for the course is civility, culture of safety, service excellence, social determinants of health, spirituality, global health/pandemics, safety for health

care team, vulnerable populations, and workplace violence. This course also follows the NCSBN test plan (https://www.ncsbn.org/public-files/2023 RN Test%20Plan English FINAL.pdf).

RNSG 2213 is a foundational course which utilizes classroom instruction, active learning, and role-play as tools to educate the student about nursing roles as they apply to patients/families across the life span and to persons who are receiving care as inpatients in psychiatric facilities as well as in various community settings.

At the end of the course, the student will demonstrate proficiency in the following areas as they relate to providing care for patients and families that are experiencing mental health problems. The student will be able to explain the roles of the professional nurse in caring for patients and families experiencing mental health problems. Additionally, the student will have an applicable foundation for therapeutic communication as demonstrated by submitting a self-critiqued therapeutic conversation that they have had which follows a specified format with faculty feedback. The student will demonstrate critical thinking and use a systemized problem-solving process for providing care to persons and their families that are experiencing mental health problems.

Students who successfully pass course requirements for RNSG 2213 are able to enroll in RNSG 2261, which is a clinical-based nursing course. These courses must both be passed with a 77 or above in order to progress.

#### STUDENT LEARNING OUTCOMES

At the completion of the semester students will:

Clinical Decision Making—Students will gain knowledge and develop essential nursing skills enabling them to provide holistic care to persons suffering from mental illnesses.

Communications—Students will advance, build on, and apply principles of therapeutic communication.

Leadership—Students will acquire foundational knowledge regarding mental health nursing toward the outcome of applying this knowledge in a way that respects the client's rights, cultural beliefs, values, family/support systems, and unique care issues.

Safety—Students will acquire knowledge and understand principles of care that reflect prioritizing safety of all persons concerned with and affected by mental illnesses both in institutional and community settings.

Professionalism—Students will understand and be able to apply standards of evidence-based care to persons suffering from a mental illness in a safe and legal manner tempering the knowledge with a sense of holistic care that includes the patient as well as their family and support systems in diverse practice settings.

Clinical Decision Making—Students will gain knowledge and develop essential nursing skills enabling them to provide holistic care to persons suffering from mental illnesses.

## **EVALUATION METHODS**

Computer-based exams, written assignments, quizzes, ATI content mastery end of course exam and ATI homework modules. and other projects as assigned.

## **ACADEMIC INTEGRITY**

It is the aim of the faculty of South Plains College to foster a spirit of complete honesty and a high standard of integrity. The attempt of any student to present as his or her own any work which he or she has not honestly performed is regarded by the faculty and administration as a most serious offense and renders the offender liable to serious consequences, possibly suspension.

Cheating - Dishonesty of any kind on examinations or on written assignments, illegal possession of examinations, the use of unauthorized notes during an examination, obtaining information during an examination from the textbook or from the examination paper of another student, assisting others to cheat, alteration of grade records, illegal entry or unauthorized presence in the office are examples of cheating. Complete honesty is required of the student in the presentation of any and all phases of coursework. This applies to quizzes of whatever length, as well as final examinations, to daily reports and to term papers.

**Plagiarism** - Offering the work of another as one's own, without proper acknowledgment, is plagiarism; therefore, any student who fails to give credit for quotations or essentially identical expression of material taken from books, encyclopedias, magazines, and other reference works, or from themes, reports or other writings of a fellow student, is guilty of plagiarism. Remember that Artificial Intelligence should not be used in any way to help write papers or projects.

## VARIFICATION OF WORKPLACE COMPETENCIES

No external learning experiences are provided but learning experiences in lab provide setting in which student applies workplace competencies. Successful completion of the Entry Level Competency statements at the level specified by the course (Level Objectives) will allow the student to continue to advance within the program. Upon successful completion of the program, students will be eligible to take the state board exam (NCLEX) for registered nurse licensure.

#### **BLACKBOARD**

Blackboard is an e-Education platform designed to enable educational innovations everywhere by connecting people and technology. This educational tool will be used in this course throughout the semester.

#### **SCANS and FOUNDATION SKILLS**

Refer also to Course Objectives. Scans and Foundation Skills attached.

## SPECIFIC COURSE INFORMATION

## **TEXT AND MATERIALS**

Morgan, K., Townsend, M. (2020) *Davis Advantage for Essentials of Psychiatric Mental Health Nursing* (8<sup>9h</sup> Edition). F.A. Davis. ATI – Mental Health 11.0 book and ATI – Pharmacology Book

Blackboard

Syllabus: RNSG 2213 (Mental Health Nursing)

Nurse Practice Act

#### ADDITIONAL CLASSROOM ITEMS

Students should come to class prepared with pens, pencils, and a spiral notebook for taking notes or completed quizzes or assignments in class. Students should be prepared to take notes over lecture material if they choose. You may use your computer for this course content only in the classroom. Follow student conduct guidelines for appropriate use of electronics in the classroom. Due to COVID we may have to meet virtually at some point. Please have a plan prepared as to how to meet via computer for this course. You will need to have access to a computer, and it will need to have a camera and a microphone. When we meet virtually it will be Microsoft Teams, Blackboard Collaborate or Zoom. In the event that we must meet in the virtual setting please notify me if you do not have a computer to use.

# ATTENDANCE POLICY (\*READ CAREFULLY)

## **Class Attendance**

Students are expected to attend all classes in order to be successful in a course. The student may be administratively withdrawn from the course when absences become excessive as defined in the course syllabus.

When an unavoidable reason for class absence arises, such as illness, an official trip authorized by the college or an official activity, the instructor may permit the student to make up work missed. It is the student's responsibility to complete work missed within a reasonable period of time as determined by the instructor. Students are officially enrolled in all courses for which they pay tuition and fees at the time of registration. Should a student, for any reason, delay reporting to a class after official enrollment, absences will be attributed to the student from the first-class meeting.

Students who enroll in a course but have "Never Attended" by the official census date, as reported by the faculty member, will be administratively dropped by the Office of Admissions and Records. A student who does not meet the attendance requirements of a class as stated in the course syllabus and does not officially withdraw from that course by the official census date of the semester, may be administratively withdrawn from that course and receive a grade of "X" or "F" as determined by the instructor. Instructors are responsible for clearly stating their administrative drop policy in the course syllabus, and it is the student's responsibility to be aware of that policy.

It is the student's responsibility to verify administrative drops for excessive absences through MySPC using his or her student online account. If it is determined that a student is awarded financial aid for a class or classes in which the student never attended or participated, the financial aid award will be adjusted in accordance with classes in which student did attend/participate, and the student will owe any balance resulting from the adjustment.

(http://catalog.southplainscollege.edu/content.php?catoid=47&navoid=1229#Class Attendance)

Punctual and regular class attendance, as stated in the SPC and ADN Handbook, is required of all students attending SPC. The following statement is located in the student handbook as well.

Occurrence	Consequence
Absences	Each course instructor will determine their absences based on their course hours. It is the student's responsibility any missed class content and in class assignments (quizzes) will not be made up.

Tardies	The class starts at the designated time, if the student enters the room after the classroom doors are closed, they are considered tardy. After 2 tardies it considered one absence. Each course instructor will determine their absences based on their course hours. It is the student's responsibility if any missed class content and in class assignments (quizzes) will not be made up. If the instructor has been properly notified prior to class, exceptions may be made on a case-by-case basis of emergency and/or school sponsored event.
Exams	Once doors are closed and instructions are started in the designated testing environment (computer lab or classroom). The student will not be able to take the test and will receive a zero. If the instructor has been properly notified prior to exams exceptions may be made on a case-by-case basis of emergency and/or school sponsored event.

## **RNSG 2213 Absence and Tardy Policy:**

Class hours are every Tuesday's <u>Face to Face</u> (unless notified of virtual meeting) 9 am – 12 pm and the days we have exams we will start in the computer lab unless otherwise designated on the calendar to start the exams in the classroom. Testing will start at 9 am. It is highly recommended to be in your seat and read to test a few minutes before the exam so that you can catch your breath, calm your mind and get ready to be logged you're your exam. Having good time management and arriving a little bit early keeps you from missing your exam. Please see above regarding tardies and missing or being late for an exam. We will start lecture immediately following everyone completing the exam.

You can only have one absence in this course and remember the tardy policy as well can lead to an absence. If you have more than one absence you may not be able to meet the objectives of the course. In case of COVID illness please see the policy at the beginning of the syllabus.

## ASSIGNMENT POLICY

All required work must be in on time in order that the student may benefit from the learning as well as any corrections required in order to help study for future examinations, prepare for the NCLEX exam and be a great nurse. Assigned outside work is due on the dates specified by the instructor. Assignments turned in later than the due date will not be accepted unless the student clears the circumstances with the instructor. It is your responsibility to follow the course calendar and now your due dates and times.

Students should retain a photocopy or computer-accessible file of all assignments turned in. Always have a backup copy as you never know what happens with technology and there is a problem. All work is submitted via the ATI platform or in the Blackboard classroom.

Assignments are not accepted by email. You must submit via F.A. Davis course or via Blackboard depending upon the assignment and it is your responsibility to back sure that you do not upload blank documents and that your document can be opened on a PC, because not all Mac files are able to convert so make sure you do not upload these types of files so you can receive a grade on your assignments. If you submit a blank document or a file that cannot be opened it could possibly not be accepted and you may receive a zero. Again, it is your responsibility to make sure it is compatible and not blank or not able to be opened on a PC.

# **COMPUTER USAGE**

As computer technology in the field of health occupations continues to become more popular, computers will be used in this course for several assignments. All students have access to computers and printers on the South Plains College campus over at the library. Students will be expected to utilize computers to access assignments and classroom resources. All registered students are supplied with a working email account from South Plains College. In order to take exams, students must have their username and password. ALL STUDENTS ARE EXPECTED TO KNOW THEIR SPC STUDENT USERNAME AND PASSWORD.

## **COMPUTER LAB USAGE**

The computer lab(s) on any campus may be used by students during scheduled open hours or as assigned by an instructor. Printer paper will not be provided for students to print materials, but students may seek assistance from faculty or staff to request lab paper from the college if needed. Lack of computer lab paper is not an excuse for not having homework assignments, skills lab sheets, or any other required documents. Students should come prepared for class. You will need to print on your own, in an open SPC lab OR

you may print at the library with your Papercut account. Currently the library hours are 745 am to 830 pm Monday, Tuesday, and Wednesday, 745 am to 4 pm Thursday and Friday and Sunday 2 pm to 6 pm. Hours are subject to change so please look at their Facebook and Library pages for changes.

#### **EXAMS**

- Exams are administered in the nursing computer lab or in the classroom using school issued iPads. All exams are located within the ATI platform. Students are expected to arrive on time to exams and complete the exams within the time frame allowed as other classes may be booked behind our scheduled time and/or lecture may be behind the exam. You will not be permitted to take your exam past the scheduled time unless arrangements are made in advance for extenuating circumstances. Due to the ever-changing COVID conditions it is possible that you may take exams while being virtually monitored and have it proctored on ATI or on Blackboard with Proctorio. It is your responsibility to make sure that you have working computers and reliable internet in case changes occur.
- You may have FA Davis activities, ATI activities and modules that will be completed outside of class time and you will have
  a designated time scheduled to complete them. You may only have one attempt on these quizzes and modules and the
  conduct honor code is in place as this is not a group assignment it is to enhance your learning as someone else cannot take the
  NCLEX for you.
- Students will be required to take two practice exams in ATI and one content mastery exam in ATI. The better you do the less remediation of each exam you have. The purpose of these exams is to evaluate the competency of the student's knowledge of critical concepts for entry into professional nursing. Students will see a level given on these exams which shows your ability to comprehend and understand mental health patients and content. The score for these levels is located within the grading policy.

#### **GRADING POLICY**

Students may review an exam by making an individual appointment with the instructor. The appointment and exam review must be completed prior to taking the next exam. You cannot request to come in and look at all exams at once. Once the next exam is completed then the time has passed to request a review of the exam.

On the day of the exam please note that once the doors are closed and instructions are started in the designated testing environment (computer lab or classroom). The student will not be able to take the test and will receive a zero. If the instructor has been properly notified prior to exams exceptions may be made on a case-by-case basis of emergency and/or school sponsored event.

Students will be required to complete the two ATI practice exams and the content mastery exam. This exam is a direct predictor of how well you will do on NCLEX for this section. It is an exam that is extremely important that you do your very best on.

A 77% must be earned to pass RNSG 2213. There is absolutely no rounding of grades.

Grading Scale: 90-100 A 80-89 B 77-79 C 70-76.9 D 69 or Below F

## **EMERGENCY MESSAGES**

The student should notify his/her family that in case of an emergency during normal class schedule, they should call the Nursing Office at (806)716-2391 or (806)716-2193. Class will not be interrupted unless it is an emergency, so they must identify themselves and say it is an emergency to get immediate action.

The student should notify his/her family that in the case of an emergency during clinical rotations, they should call and leave a message or text (who they are and who they need to get in touch with for an emergency) to the number or numbers provided to them in the clinical course syllabus and/or on the clinical course schedule.

#### **COMMUNICATION POLICY**

Electronic communication between instructor and students in this course will utilize the South Plains College "My SPC" and email systems. I will possibly utilize, Remind, the Blackboard messaging or email in order to communicate with you. The instructor will not initiate communication using private email accounts. Students are encouraged to check SPC email on a regular basis. Students will also have access to assignments, web-links, handouts, and other vital material which will be delivered via the classroom Blackboard. Any student having difficulty accessing the classroom website or their email should immediately contact the SPC Help desk and ask their instructor for directions. The instructor will work with any student to ensure the student has access to a computer on campus and can obtain the needed class content that is located on the course website.

#### STUDENT CONDUCT

Rules and regulations relating to the students at South Plains College are made with the view of protecting the best interests of the individual, the general welfare of the entire student body and the educational objectives of the college. As in any segment of society, a college community must be guided by standards that are stringent enough to prevent disorder, yet moderate enough to provide an atmosphere conducive to intellectual and personal development.

A high standard of conduct is expected of all students. When a student enrolls at South Plains College, it is assumed that the student accepts the obligations of performance and behavior imposed by the college relevant to its lawful missions, processes, and functions. Obedience to the law, respect for properly constituted authority, personal honor, integrity, and common sense guide the actions of each member of the college community both in and out of the classroom.

Students are subject to federal, state, and local laws, as well as South Plains College rules and regulations. A student is not entitled to greater immunities or privileges before the law than those enjoyed by other citizens. Students are subject to such reasonable disciplinary action as the administration of the college may consider appropriate, including suspension and expulsion in appropriate cases for breach of federal, state or local laws, or college rules and regulations. This principle extends to conduct off-campus which is likely to have adverse effects on the college or on the educational process which identifies the offender as an unfit associate for fellow students. Any student who fails to perform according to expected standards may be asked to withdraw. Rules and regulations regarding student conduct appear in the current Student Guide.

## **SPECIAL REQUIREMENTS (\*Read Carefully)**

#### Dropping a class

**Dropping a class** will be instructor initiated.

If a student is not successful in the following course: RNSG 2213 the instructor will meet with the student to discuss about dropping the course and what grade will be assigned.

## Withdrawing from all classes

If a student wishes to withdraw from all courses, they should initiate that process with the Advising Office. They can schedule an appointment with an advisor by visiting <a href="http://www.southplainscollege.edu/admission-aid/advising/spcadvisors.php">http://www.southplainscollege.edu/admission-aid/advising/spcadvisors.php</a> or by calling 806-716-2366.

#### Schedule Change (after late registration and before census date)

To make a schedule change after late registration (August 28) and before the census date (September 9), students should submit a **Schedule Change Form.** After late registration, adding a class requires instructor approval. If a student is requesting to be added to one of your courses and you approve, please email <u>registrar@southplainscollege.edu</u> with your approval. This can take the place of signature on the Schedule Change Form that we have required in the past. For additional information regarding schedule changes, drops and withdrawals, <u>click here</u>.

## **COURSE DISCLAIMER**

Working with the public in emergency situations is stressful and requires a mentally tough individual to provide medical care in the prehospital environment. This course is designed to teach students about real-world situations nurses may potentially encounter while managing patient care.

In order to better prepare students for a career in the nursing profession, there will be times during this course where students will be exposed to training scenarios and situations that will be unpleasant to the average college student. If the student does not feel they can tolerate this type of learning environment, they should discuss this with me immediately before continuing the course. Additionally, enrollment in this course does not guarantee a passing grade, successful completion of the nursing curriculum, or passing the NCLEX.

# **ACCOMMODATIONS**

For information regarding official South Plains College statements about intellectual exchange, disabilities, non-discrimination, Title IX Pregnancy Accommodations, CARE Team, and Campus Concealed Carry, please visit: <a href="https://www.southplainscollege.edu/syllabusstatements/">https://www.southplainscollege.edu/syllabusstatements/</a>. Be aware you must still hold a LTC to carry on our campus.

#### FOUNDATION SKILLS

# BASIC SKILLS-Reads, Writes, Performs Arithmetic and Mathematical Operations, Listens and Speaks

- F-1 Reading--locates, understands, and interprets written information in prose and in documents such as manuals, graphs, and schedules.
- F-2 Writing-Communicates thoughts, ideas, information and messages in writing, and creates documents such as letters, directions, manuals, reports, graphs, and flow charts.
- F-3 Arithmetic--Performs basic computations; uses basic numerical concepts such as whole numbers, etc.

- F-4 Mathematics--Approaches practical problems by choosing appropriately from a variety of mathematical techniques.
- F-5 Listening--Receives, attends to, interprets, and responds to verbal messages and other cues.
- F-6 Speaking--Organizes ideas and communicates orally.

## THINKING SKILLS--Thinks creatively, makes decisions, solves problems, visualizes, and knows how to learn and reason

- F-7 Creative Thinking--Generates new ideas.
- F-8 Decision-Making--Specifies goals and constraints, generates alternatives, considers risks, and evaluates and chooses best alternative.
- F-9 Problem Solving--Recognizes problems and devises and implements plan of action.
- F-10 Seeing Things in the Mind's Eye--Organizes and processes symbols, pictures, graphs, objects, and other information.
- F-11 Knowing How to Learn--Uses efficient learning techniques to acquire and apply new knowledge and skills.
- F-12 Reasoning--Discovers a rule or principle underlying the relationship between two or more objects and applies it when solving a problem.

# PERSONAL QUALITIES--Displays responsibility, self-esteem, sociability, self-management, integrity, and honesty

- F-13 Responsibility--Exerts a high level of effort and preservers towards goal attainment.
- F-14 Self-Esteem--Believes in own self-worth and maintains a positive view of self.
- F-15 Sociability--Demonstrates understanding, friendliness, adaptability, empathy, and politeness in group settings.
- F-16 Self-Management--Assesses self accurately, sets personal goals, monitors progress, and exhibits self-control.
- F-17 Integrity/Honesty--Chooses ethical courses of action.

## **SCANS COMPETENCIES**

## RESOURCES: Identifies, organizes, plans and allocates resources

- C-1 **TIME**--Selects goal--relevant activities, ranks them, allocates time, and prepares and follows schedules.
- C-2 MONEY--Uses or prepares budgets, makes forecasts, keeps records, and makes adjustments to meet objectives.
- C-3 MATERIALS & FACILITIES-Acquires, stores, allocates, and uses materials or space efficiently.
- C-4 **HUMAN RESOURCES**--Assesses skills and distributes work accordingly, evaluates performances and provides feedback.

## **INFORMATION--Acquires and Uses Information**

- C-5 Acquires and evaluates information.
- C-6 Organizes and maintains information.
- C-7 Interprets and communicates information.
- C-8 Uses computers to Process information.

## **INTERPERSONAL--Works with Others**

- C-9 Participates as members of a team and contributes to group effort.
- C-10 Teaches others new skills.
- C-11 Serves clients/customers--works to satisfy customer's expectations.
- C-12 Exercises leadership--communicates ideas to justify position, persuades and convinces others, responsibly challenges existing procedures and policies.
- C-13 Negotiates-Works toward agreements involving exchanges of resources resolves divergent interests.
- C-14 Works with Diversity-Works well with men and women from diverse backgrounds.

# **SYSTEMS--Understands Complex Interrelationships**

- C-15 Understands Systems--Knows how social, organizational, and technological systems work and operates effectively with them
- C-16 Monitors and Correct Performance-Distinguishes trends, predicts impacts on system operations, diagnoses systems' performance and corrects malfunctions.
- C-17 Improves or Designs Systems-Suggests modifications to existing systems and develops new or alternative systems to improve performance.

# **TECHNOLOGY--Works with a variety of technologies**

- C-18 Selects Technology--Chooses procedures, tools, or equipment including computers and related technologies.
- C-19 Applies Technology to Task-Understands overall intent and proper procedures for setup and operation of equipment.
- C-20 Maintains and Troubleshoots Equipment-Prevents, identifies, or solves problems with equipment, including computers and other technologies.

## **Course Topics and Objectives**

Explanation of Syllabus Numbering System Upon satisfactory completion of the course, the student will meet the Student Learning Outcomes (SLO) for semester 3 and progress toward meeting the SPC ADN Program Graduate Outcomes (GO), Texas BON "Differentiated Essential Competencies" 2010 (DECS) and the "Secretary's Commission on Attaining Necessary Skills" (SCANS) Competencies. The SCANS competencies (S) and foundation (F) skills; SLO; and GO outcomes are designated by letters and/or numbers under the unit title. The DECS are listed by letters and numbers in the corresponding role column on the right side of the page. (Roles are designated by the following numbers: 1=Member of the Profession; 2=Provider of Patient-Centered Care; 3=Patient Safety Advocate; and 4=Member of the Health Care Team).

## Objectives and Topics for RNSG 2213

Mental Health/Mental Illness is a topic that is not talked about much but with the pandemic it is a topic that has come to the front of nursing discussions because of the increased need in mental health services. The overall learning objectives for the course are related to bring awareness to mental health/mental illness issues, review mental health-care reform in addition to education, prevention, and assessment of mental health patients. Will additionally look at evidence-based nursing interventions and psychopharmacology.

- 1. Introduction to Mental Health and Mental Illness
- 2. Biological Implication of Mental Health and Mental Illness
- 3. Ethical and Legal Issues
- 4. Psychopharmacology
- Relationship Development and Therapeutic Communication
- 6. The Nursing Process in Mental Health Nursing
- 7. Milieu Therapy Therapeutic Community
- 8. Intervention Groups
- 9. Complementary and Psychosocial Therapies
- 10. Crisis Intervention
- 11. The Recovery Model
- 12. Suicide Prevention
- 13. Caring for Patients with Mental Illness and Substance Use disorders in general practice settings
- 14. Neurocognitive Disorders
- 15. Substance Use and Addictive Disorders
- 16. Schizophrenia, Spectrum and Other Psychotic Disorders

- 17. Depressive Disorders
- 18. Bipolar and Related Disorders
- 19. Anxiety, Obsessive-Compulsive, and Related Disorders
- 20. Trauma and Stressor Related Disorders
- 21. Somatic Symptom and Dissociative Disorders
- 22. Eating Disorders
- 23. Personality Disorders
- 24. Concepts of Personality Development
- 25. Cultural and Spiritual Contents Relevant to Psychiatric Mental Health Nursing
- 26. Children and Adolescents
- 27. The Aging Individual
- 28. Survivors of Abuse and Neglect
- 29. Military Families
- 30. Community Mental Health Nursing
- 31. The Bereaved Individual
- 32. Issues Related to Human Sexuality and Gender Dysphoria

#### **COURSE GRADE WORKSHEET RNSG 2213**

1.	Four (4) Unit Exams = 60%  a. Exam #1  b. Exam #2  c. Exam #3  d. Exam #4
2.	ATI Assignments = 10%
	ATI Content Mastery Exam = 10% Final Exam = 20%
5.	Total Grade